**BMW Motorrad**  
**Maintenance schedule**  
**0244 - F 800 ST**  

00 00 119 BMW Running-in Check (see Maintenance Schedule) (once only at 1,000 km)

<table>
<thead>
<tr>
<th>Customer</th>
<th>Registration No.</th>
<th>Odometer reading</th>
<th>Equipment trim-level variant:</th>
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<tbody>
<tr>
<td></td>
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<td>0636 - Centre stand</td>
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</tbody>
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<tr>
<th>Order No.</th>
<th>Date</th>
<th>Mechanic's + Manager's signature</th>
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</table>

- Reading fault memory with (BMW Motorrad) diagnostic system
- Engine-oil change, with filter
- Checking coolant level
- Checking/adjusting clutch play
- Checking ease of movement of centre stand
- Checking specified torque of threaded fasteners with torque wrench: front brake calipers
- Checking specified torque of threaded fasteners with torque wrench: rear brake caliper
- Checking tyre pressures and tread depth
- Checking specified torque of threaded fasteners with torque wrench: main frame
- Checking specified torque of threaded fasteners with torque wrench: front footrest plates
- Checking specified torque of threaded fasteners with torque wrench: exhaust manifold
- Checking specified torque with torque wrench: eccentric clamp
- Checking lights and signalling equipment
- Function test, engine start suppression
- Test ride as final inspection and function check
- Confirming BMW Service in on-board documentation

BMW Motorrad, UX-VA-4  
06.06.06  

BMW recommends Castrol  
06/2006